



International Conference on
**Pre-Hypertension &
Cardio Metabolic Syndrome**

February 24-27, 2011 Vienna, Austria



www.prehypertension.org

Welcome note

Mounting evidence suggests that BP in the high reference range is associated with an increased risk of cardiovascular disease. The ESH report of 2006 defined it as “high normal” and the JNC VII defined a new BP category of “Prehypertension” for systolic BP of 120 to 139 mm Hg and diastolic BP of 85 to 89 mm Hg. This new category is a continuum to hypertension and is a risk factor for cardiovascular disease

In most developing countries and in the urban areas of many countries, one in five to one in three adults fall in the category of prehypertension. Recommendation and guidelines in the field have substantial public health importance and enormous economic consequences.

Prehypertension is associated with other components of the metabolic syndrome i.e. Obesity, Glucose intolerance and Dyslipidemia. Any discussion about the approach to prehypertension must be done in context to the whole cardio metabolic risk.

On this background we initiated the International conference on **Prehypertension and Cardio Metabolic Syndrome**. The conference will focus on the public health impact, identification, etiology and pathogenesis of prehypertension as well as on interventions for preventing the adverse outcome of this very prevalent condition. New insights and guidelines will be presented in the pursuit of better understanding and therapy of early stages of high blood pressure. Pharmaceutical companies are active in testing novel anti hypertensive drugs in patients with prehypertension. The conference provides a platform for presentation of basic and clinical research and results of clinical trials for novel therapies.

We look very much forward to welcoming you to Vienna, the beautiful capital of Austria, at the International Conference on Prehypertension and Cardio Metabolic Syndrome,

Daniel A. Duprez
Co- Chair

Herman Haller
Co- Chair

Basil S. Lewis
Co- Chair

Reuven Zimlichman
Co-chair



Co-Chairs

Prof. Daniel A. Duprez
Prof. Herman Haller
Prof. Basil S. Lewis
Prof. Reuven Zimlichman

Scientific Committee

Prof. John R. Cockcroft	Prof. Gian Paolo Rossi
Prof. Rudolf de Chatel	Prof. Luis M. Ruilope
Prof. Anthony M. Heagerty	Prof. Jorg Slany - Local Committee Chair
Prof. Sverre Kjeldsen	Prof. Thomas Unger
Prof. Peter W. de Leeuw	Prof. Philippe Van de Borne
Prof. Talma Rosenthal	Prof. Jiri Widimsky Jr.

For the updated speakers list visit the conference website at:
www.prehypertension.org

The conference aims at experts in the fields:

Hypertension

Obesity

Imaging

Dyslipidemia

Diabetes

Clinical Trials

Cardio Metabolic
Syndrome

Nephrology

Endocrinology

Internal Medicine

Primary Care

Innovative
Technologies and
Treatments

Cardiology



Call for Abstracts

Abstracts should be submitted via the conference website at:

www.prehypertension.org

Please follow the instruction listed on the website

Deadline for abstract submission: **September 15th, 2010**

Main Topics

1. Definition, classification, diagnosis and epidemiology of prehypertension
2. Progression of hypertension, increased cardiovascular risk, vascular and end organ damage in prehypertension
3. Screening and early diagnosis of prehypertension and subclinical cardiovascular damage
4. The nervous system and prehypertension
5. Prehypertension and radio metabolic risk cluster: common mechanisms and role of genetics and environments factors
6. Therapy of prehypertension: Non pharmacological measures and drug therapy, options, novel therapies and cost benefit analysis
7. Effect of anti hypertensive therapy on glucose tolerance and other companies of the cardio metabolic risk profile
8. Guidelines and policy recommendations regarding prehypertension

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Submission:
Sep. 15th 2010

For Further Information Please Visit:

www.prehypertension.org



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