

Management of Dry Eye with New Eye Drops

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Purpose: To evaluate the safety and efficacy of Ophtholique[®] eye drops in the treatment of dry eye.

Methods: 90 patients with medium to severe dry eye were assigned to this study, randomized to receive four times a day: Ophtholique[®] eye drops (polyvinyl alcohol, povidon), Defislez[®] eye drops (hypromeloza), Oftagel[®] eye gel (carbomer). Tests performed: Brak up time (BUT), Fluorescein, Rose Bengal, Lissamin staining, tear meniscus, Filaments, Schirmer test. Examination – day 0, 10, 20, 30.

Results: Positive effect of treatment with Ophtholique eye drops (decrease or dissolution of symptoms) was registered in average in 10 days in 40% of patients, in 20 days – in 72%, in 30 days – in 95%.

Conclusion: A significant improvement was seen in all patients groups. Ophtholique eye drops are effective and well tolerant.