

First International Congress on
Cardiac Problems in Pregnancy
February 25-28, 2010, Valencia, Spain

**Cardiovascular Surgery
During Pregnancy and Postpartum
An Update 1997-2009**

Branko M. Weiss, M.D.
Department of Anaesthesiology
University Hospital Zurich, Switzerland

Cardiac Surgery in Pregnancy

SUMMARY

Maternal

1958-1994

Death

Time

Period

Fetal

Death



33.0%

Zitnik RS, 1969

5.0%

1958-1968



20.0%

Becker RM, 1983

1.5%

1970-1983



19.5%

Bernal JM, 1986

2.2%

1958-1986



33.3%

Strickland RA, 1991*

10.0%

1965-1989



Born D, 1995*

1981-1992

Weiss BM, et al. Am J Obstet Gynecol 1998

Cardiovascular Surgery and Pregnancy Systematic Review 1984-1996

Neonatal n=161	TIMING Maternal n (ECC)	Emergency	Patients Mortality	Emer- Mortality	Fetal/
	DURING GESTATION 30%		70 (59) 6%	23%	
	AT DELIVERY		41 (36)	32%	
5%		12%			

Weiss BM, et al. Am J Obstet Gynecol 1998

Cardiovascular Surgery and Pregnancy Systematic Review 1984–1996

INDICATIONS n=161	Patients (%)	Maternal Morbidity	Maternal Mortality
----------------------	-----------------	-----------------------	-----------------------

NATIVE VALVE 9%	58 (36%)		19%
--------------------	----------	--	-----

PROSTHETIC VALVE 9%	23 (14%)		23%
------------------------	----------	--	-----

AORTA 22%	Dissection	32 (20%)	34%
--------------	------------	----------	-----

	Aneurysm	17 (11%)	41%
0%			

PULMONARY EMBOLISM	9 (6%)		44%
--------------------	--------	--	-----

Cardiovascular Surgery and Pregnancy

Summary 1964-2007

Time
Period

Fetal
Death

Maternal
Death



38.5%

Salazar F, 2001*
13.3%

1972-1998



18.6%

Arnoni RT, 2003*
8.6%

1964-2002



25.0%

Immer FF, 2003 1983-1989 37.5%

Dissection of
ascending aorta (A)
2000-2002

1990-1994
1995-1999
10.0%

50.0%
16.7%
0.0%

30.0%
0.0%

Cardiovascular Surgery During Pregnancy and Postpartum An Update 1997-2009

Systematic search and review of published cases

Inclusion criteria

Maternal diagnosis made antepartum

Intention to continue pregnancy

Goal Timing and indication for surgery

Maternal and fetal/neonatal outcome

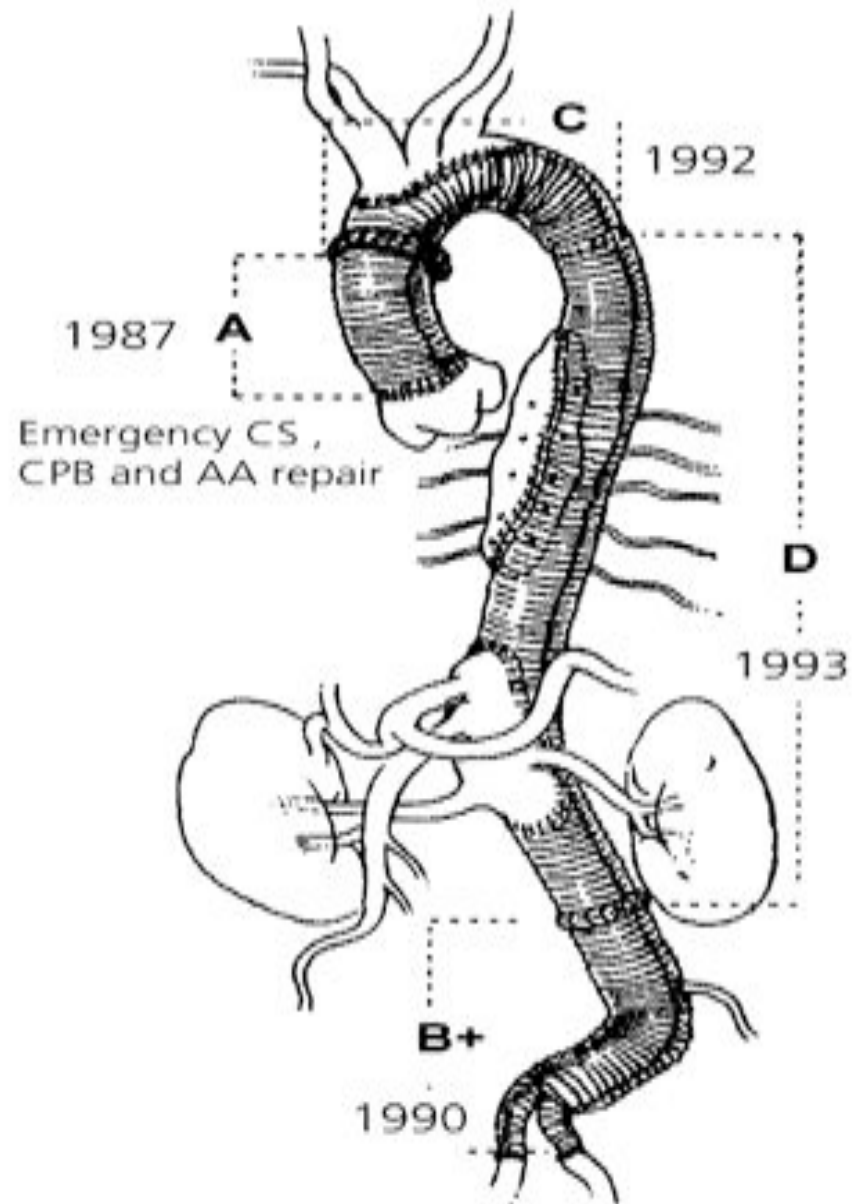
Cardiopulmonary bypass and hypothermia

Cardiovascular Surgery During Pregnancy and Postpartum 1997–2009

INDICATIONS n=236	Non-ECC + ECC, n	Maternal Death, n	Fetal/Neonatal Death, n*
NATIVE VALVE	60 + 35	1 (1.1%)	11/94 (11.7%)
PROSTHETIC VALVE	30	2 (6.7%)	9/29 (31.0%)
AORTA Coarctation	3 + 1	0	0
Dissection	3 +	63	8 (12.1%)
10/65 (15.4%)			
Aneurysm	3 +	10	0
0			
CARDIAC TUMOR	12	0	1/12 (8.3%)
VARIA (PE,CHD,CAD) (12.5%)	2 +	14	0 2/16

Babatasi, et al. Eur J. Cardio-thorac Surg 1997

Pregnancy with Aortic Dissection in Ehler-Danlos Syndrome

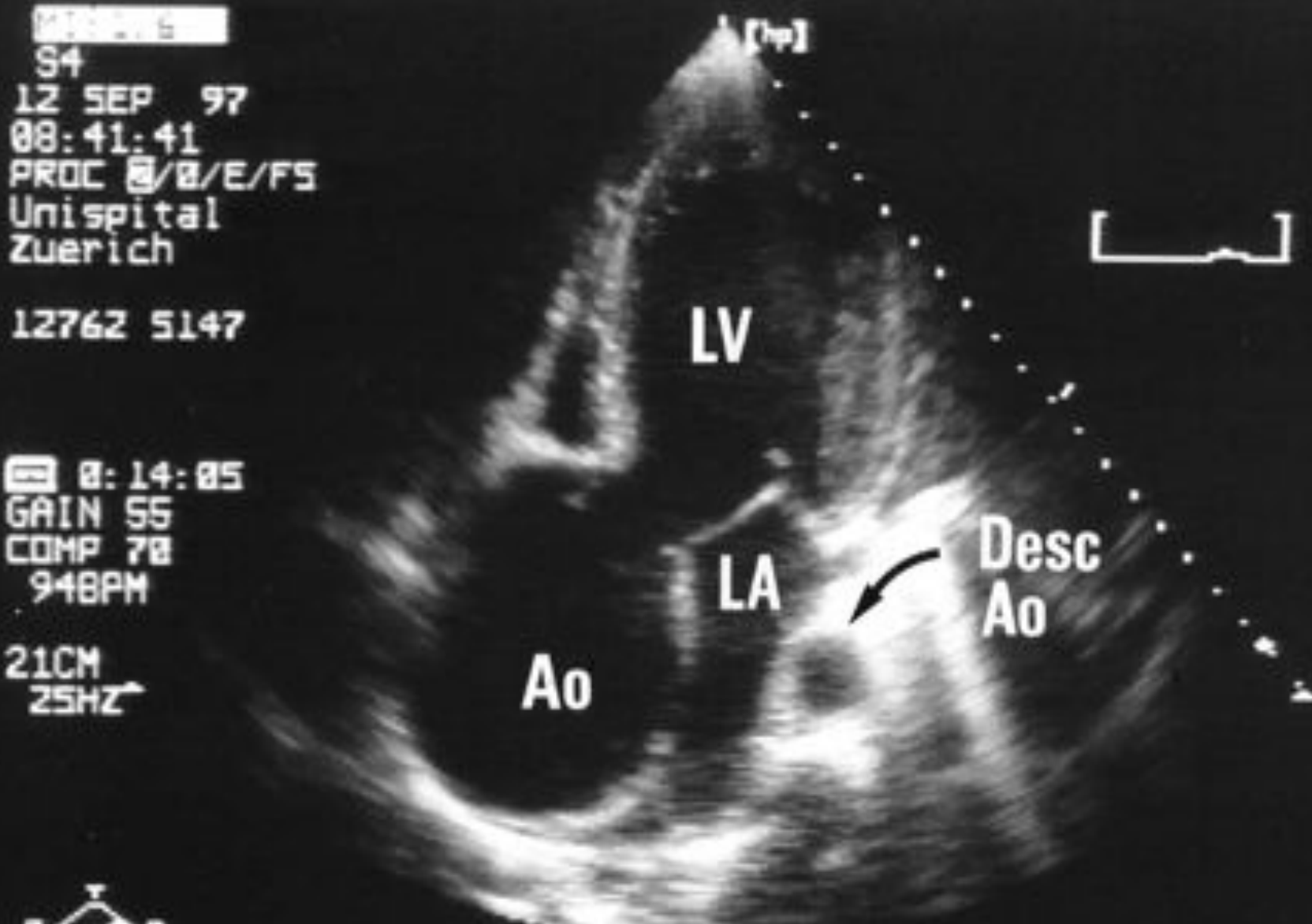


12762 5147
S4
12 SEP 97
08:41:41
PROC B/B/E/FS
Unispital
Zuerich

12762 5147

8:14:05
GAIN 55
COMP 78
948PM

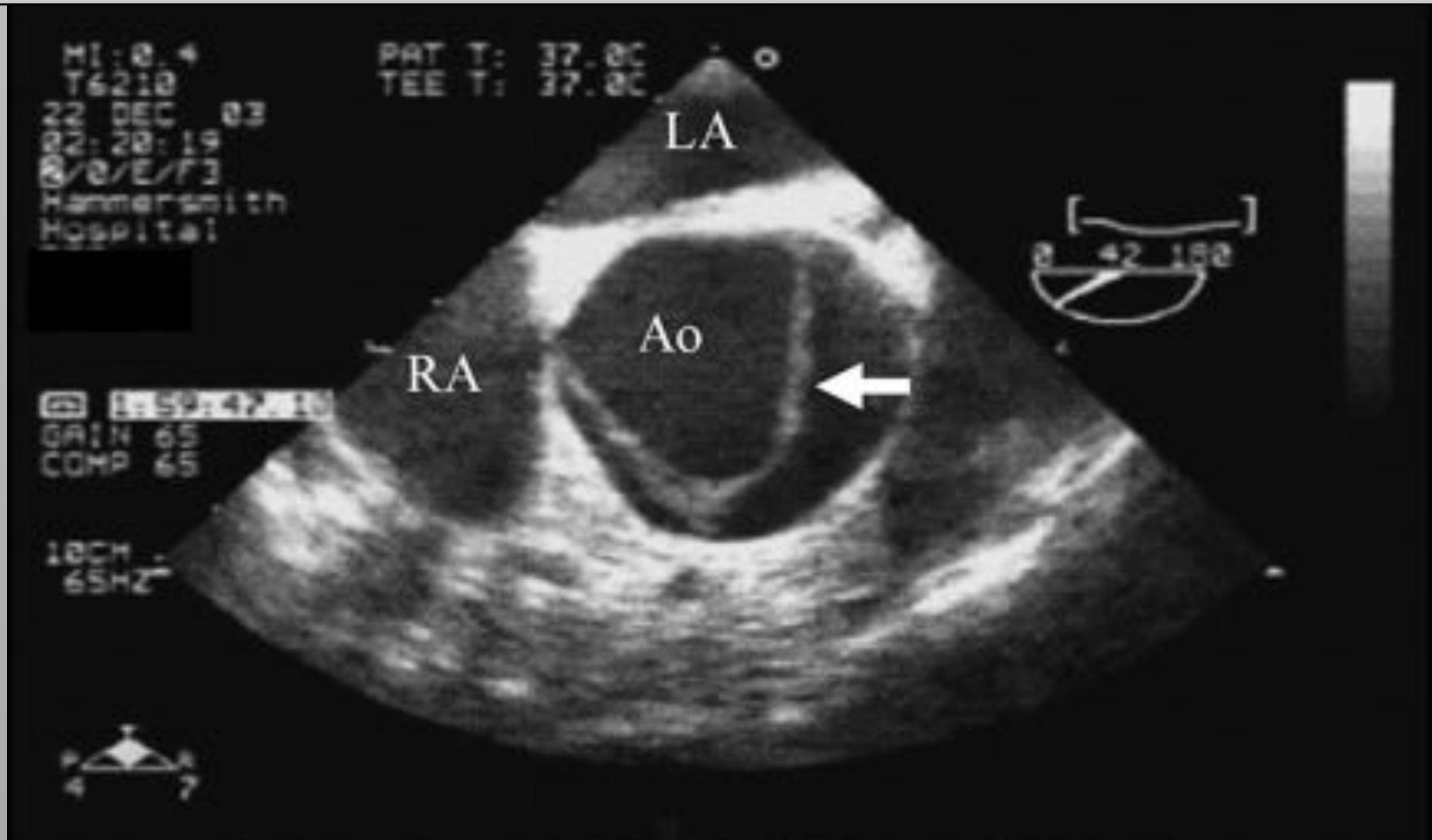
21CM
25HZ



Ecknauer E, et al. Br J Anaesth 1999

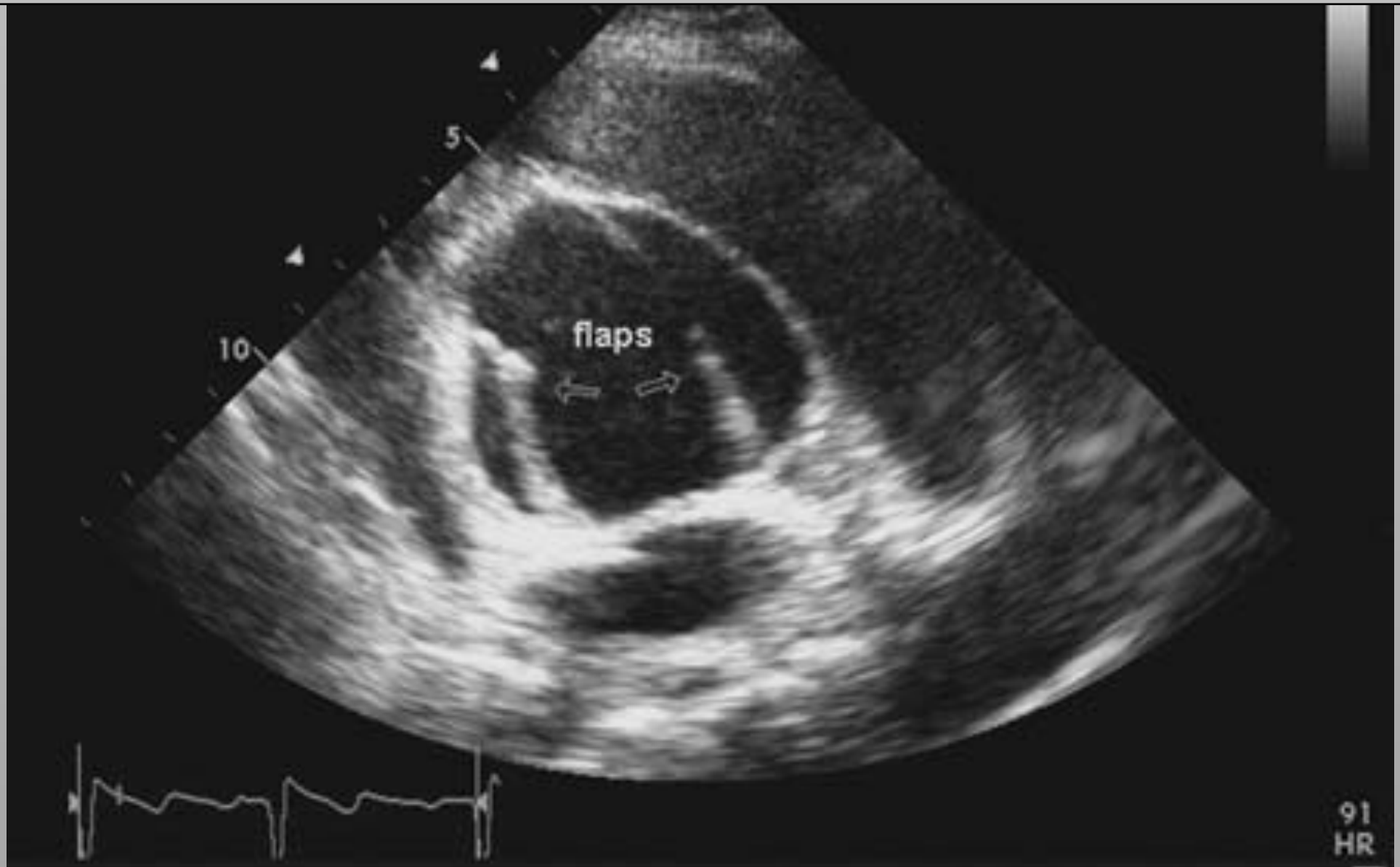
Ascending Aortic Aneurysm (\varnothing 8.1 cm) at Term

Evans PJ, et al. Int J Obstet Anesth 2006
Cardiorespiratory Symptoms in Late Pregnancy



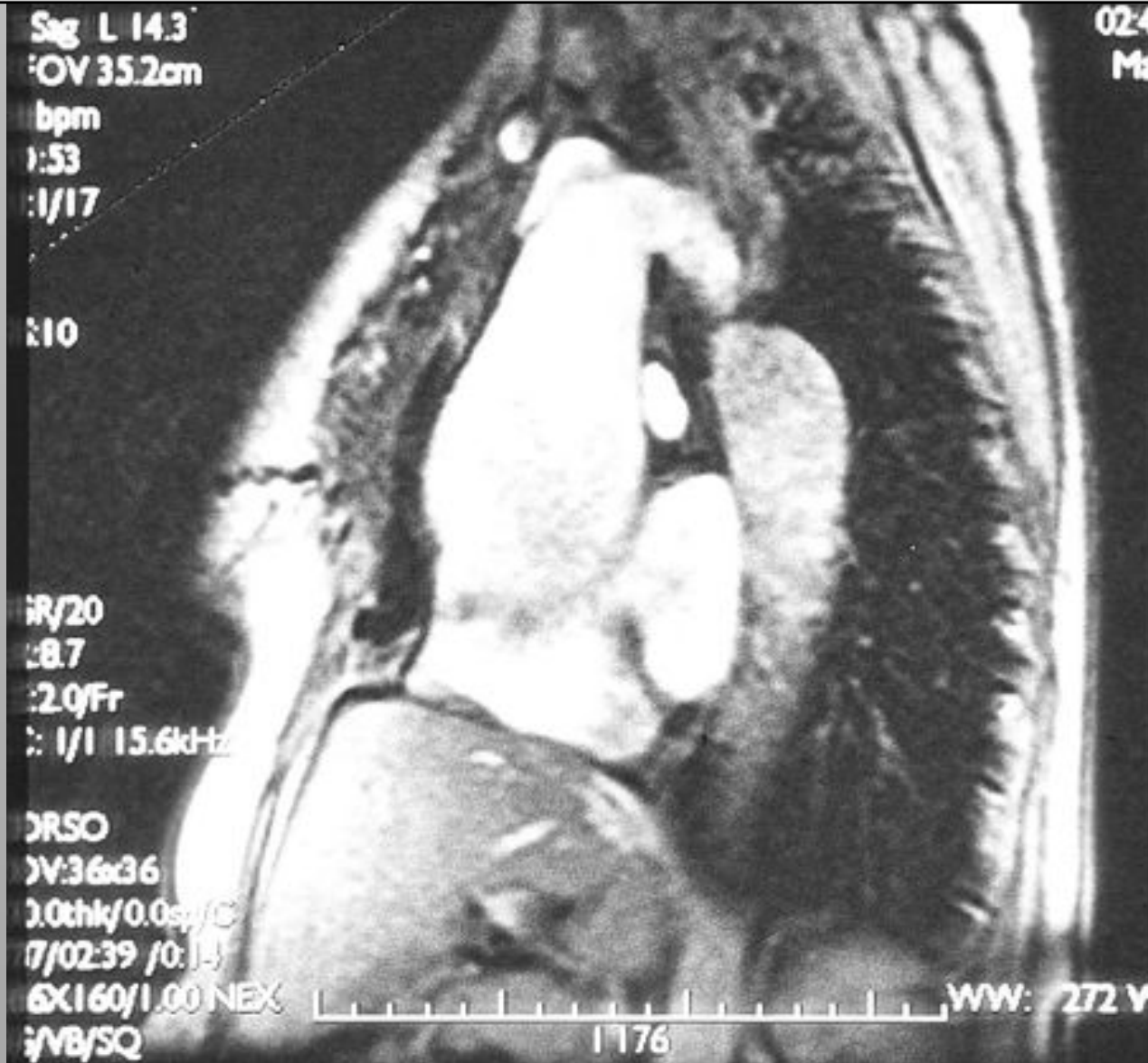
Lewis S, et al. Peripartum acute aortic dissection. Br J Anaesth 2005

Shaker WH, et al. J Card Surg 2008
**Acute Type A Aortic Dissection
at Seven Weeks of Gestation in a Marfan Patient**



Koelble N, et al. J Cardioth Vasc Anesth 2001

Shone's Anomaly and Ascending Aortic Aneurysm in Late Pregnancy



Cardiovascular Surgery During Pregnancy and Postpartum 1997–2009

TIMING Neonat n= 236 n*	Non-ECC + ECC, n	Surgery weeks'	Maternal Death, n	Fetal/ Death,
DURING		22.9±7.1		1 + 5
GESTATION	5 + 22/128 53 + 76 (4.7%)		(7–39) (21.1%)	
AT		34.4±3.2		0 + 3
DELIVERY	1 + 4/63 14 + 46 (5.0%)		(26–38) (7.9%)	

Extracorporeal Circulation During Pregnancy 1997–2009

INDICATIONS n=76	n	Surgery, weeks'	Maternal Death, n	Fetal/Neonatal Death, n
NATIVE VALVE	23	22.0±5.8	0	8/22 (36.4%)
PROSTHETIC VALVE	22	18.3±8.7	2 (9.1%)	8/21 (38.1%)
AORTA Coarctation	1	20	0	0
Dissection (30.1%)	14	22.7±7.4	5 (35.7%)	4/13
Aneurysm	5	14.2±5.8	0	0
CARDIAC TUMOR	6	24.8±4.2	0	0
VARIA	5	19.4±6.0	0	2/4 (50.0%)

Extracorporeal Circulation During Pregnancy 1997–2009

Maternal age, years	28.3±5.0 (18–39)	Duration of ECC, min (n=30)	97.0±26.5 (18-367)
Surgery, weeks'	20.6±5.0 (7–38)	Fetal monitoring, n	25 (33%)
Maternal death, n	5/76 6.6.0%	Fetal/neonatal death, n	22/74 29.7%
<hr/>			
Delivery, weeks'	Vaginal, n 35.7±3.9 (25-40)	19 (25%) Cesarean, n	29 (38%) Not reported, n
			28 (37%)

Extracorporeal Circulation During Pregnancy 1997–2009

TEMPERATURE MANAGEMENT

Fetal/Neonatal
Death (n=22)*

NOT REPORTED, n	32 (38.8%)	14 (43.8%)
NORMOTHERMIA ($>34^{\circ}\text{C}$), n	26 (34.2%)	4 (15.4%)
MODERATE HYPOTHERMIA, n	11 (14.5%)	1 (9.1%)
DEEP HYPOTHERMIA ($<28^{\circ}\text{C}$) \pm Circulatory arrest, n	7 (9.2%)	3 (42.9%)

*IUD before surgery excluded, twins and triplets included

Cardiovascular Surgery During Pregnancy and Postpartum 1997-2009

Conclusions

- ◆ Acquired valvular heart diseases and aortic dissection make the major indications for surgery during pregnancy and postpartum.
- ◆ Maternal outcome and risks of cardiovascular surgery during pregnancy remain unchanged, as compared to the period 1984-1996 and to all previous decades.

Cardiovascular Surgery During Pregnancy and Postpartum 1997-2009

Conclusions

- ❖ Fetal/neonatal outcome of maternal surgery with ECC is unpredictable. The risks remain high as in all previous decades.
- ❖ High-flow, normothermic ECC and cesarean delivery (as early as possible in the 3rd trimester) might improve both, the fetal-neonatal and maternal outcome of surgery.